



Waiver & New Student Info - Fill out & Return to Instructor
New Students CAN NOT Start a Class without this form filled out & signed
Please be sure ALL info has been filled out and is **Legible!!**

Name _____ Date _____

Address _____

City/State/Zip Code _____ Email _____

Phone (H) _____ W _____ Cell _____

Class Location _____ Day & Time of Class _____

Instructor _____ New Student _____

Health History:

1. Do You smoke? _____ How Much? _____
2. Do you have High Blood Pressure? _____
3. Do you have High Cholesterol? _____
4. Do you have any known Cardiovascular Problems? _____
5. Are you Overweight? _____ How Much? _____
6. Do you have any specific injuries or specific problems? _____
7. Are you taking any prescribed medication? _____
8. Do you have any other medical conditions or problems not previously mentioned? _____
9. Are you currently involved in a regular exercise program? _____
10. If yes, describe: _____
11. What are your goals within this program? _____

Waiver Release:

*I hereby agree to abide to the rules of the programs and training given by Bodyshaping by Sandy. I am aware of my present Physical condition and have consulted with my own personal Physician in regards to this program. I further realize that this company is not responsible for any Liabilities. This fitness program cannot be used to start another company of the same nature; all materials are **COPYRIGHTED** and cannot be used anywhere except throughout **Bodyshaping by Sandy Programs**. I will participate in these programs understanding the above statement.*

Signature _____ Date _____

REFUND POLICY:

1. **NO REFUND** will be given to any student or client after classes have started.
2. A \$10 processing fee will be charged to students who drop from the session before classes start.

- 3. If a medical problem presents itself sometime during the session, a \$15 processing fee will be charged and subtracted from the refund; the refund will then include the days left in the session, starting from the day the doctors excuse is given. the refund can only be given in the form of a credit.**